



ALEXANDER & BALDWIN, INC.

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**Our Wellness Program**

- My Personal Home Page
- My Wellness Assessment
- Healthy Living Programs
- Personal Health Record
- Wellness Credits

**Wellness Tools**

- Fitness ▶
- Nutrition ▶
- Personal and Family Health ▶
- Medical Resources ▶
- Health Tools ▶
- Multimedia Center
- Conversations

Print This

**NEW!**  
**Telephonic Technical Assistance**  
**NOW Available!**

**Call 877-719-9004**

- Technical Issues Such As:
- Log in and Password issues or questions
    - Website navigation questions
  - Wellness Assessment completion questions
  - Issues with loading pages (disable pop up blocker, clear cache and cookies, browser discrepancies)
    - Points system navigation and validation
      - Healthy living program navigation
      - Content/link access or load issues
        - ISP compatibility
  - Other site questions that are technical in nature

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